

How to ALWAYS have something to say

or... Never running out of things to say.



Across the street you see a gorgeous member of the female sex. The way she walks, the way she is shaped and dressed - it all just SPEAKS to you.. It's like her high heels... click, clack, click, clack... these sounds of God, speaking to you... the prophet.. "The purpose of the big bang and the whole universe is that you go the damn up to her and turn on some sweet-luvin swag!"

But... turning on "sweet-luvin swag" in front of an attractive stranger on the street is not autopilot material, is it?

Lots of fears and worries come in the way...
Here's one I hear about all the time...

"I don't know what to say to her. And I'm afraid of running out of stuff to talk about..."

First... I need to stress that the opening line is not that important. It's just an opening. It's not the main dish and it's not even the appetizer. It's more like telling the waitress that you would like to see the menu.

No pickup line has never gotten anyone laid.
When you have a half-naked woman in your bedroom she's not thinking, "What was his pickup line again?"

There's this thing called love at first sight.
It's not love, but you know what I'm talking about.

In these magical moments, it's 10,000% more about the vibe than what's being said or what kind of leg pose you're doing. During all the millions of the world's Loves at First Sight, I guarantee that nobody thought about whether their leg stance were wide enough spread.

It's a lot more about the WAY you say it.

But again... the way you say it doesn't come from the way you TRY to say it :)

It's the FEELING behind the line that does the job. The feeling needs to match what you're saying. Otherwise her bullshit radar will go, "creeeep creeeep creeeeeeep" XD

- *You're not a creep for not matching what you're saying, but it rhymes with beeeep:)*

In other words, you have to actually be in some kind of self-less flow... free of self-consciousness... or if you are nervous, at least you don't try to look cooler or less nervous than you currently are.

And if you're excited about a pickup line you heard in a Limitless EXP video, that's fine. It may give you a great start. But after that, she will see if you can stay normal/authentic.

So, guess what... you have to actually BE normal and/or authentic.

#NormalAnd/OrAuthentic

Let's take out normal... "authentic" is the main word, because if you are normal but not authentic, you're Mr Boring himself.

The conclusion is... we gotta make sure you are actually PRESENT in the interaction. Luckily, this is a mindset you can **tap into**...

Great news!

You can actually TRAIN yourself to have things to say.

You can PROGRAM your consciousness to be in a light, creative space - a place where jokes, wit and smartness comes out of you.

Let's call it THE ZONE where you forget about yourself, merge with the moment and the people around you.

In THE ZONE you are out of your own head and your energy is streaming outwards instead of just inward.

How can you get here?

By becoming more interested in girls.



“But I am interested in girls.”
I know. You want to bang.

And actually... some guys are so sexually liberated that they can wear their filthy desires on the outside... and some women will appreciate this because their authentic.

However, these guys are also doing one thing very right... they are not in their head. They're in their bodies.

But let's not get off track.
Our mission is to bring you to a state where you have interesting things to talk about.

So...

You're physically interested in the girl.

But you also want to get more interested in the ACTUAL girl.

Again, I'll remind you...

You can actually program yourself to reach this state, and increase your INTEREST.
You don't even need to meet anyone to practice this skill.
You can sit in a park and just observe people, or you can even sit in your own bedroom.

Of course, at some point you will need to overcome the fear of starting interactions with women.
I'll show you an amazing method for overcoming this fear in my newsletter very soon!

If you practice what I'm about to teach you... when the day comes, and you approach a girl...
your brain will be more skilled to actually have a conversation that will last longer than usual.

However, don't use this as an excuse to not talk to girls: "I haven't done enough days with the interest exercise."

Anyway...

The key here is to bring you OUT OF YOUR HEAD.

The other key is to bring your ATTENTION ON OTHER PEOPLE.

Have you noticed that great conversationalists are good listeners? They're not only good listeners, but they're actually interested in the person in front of them, and you can tell that they're being real. In fact, that's all. They're not good listeners. They're just interested.

"Aren't they born that way?"

Perhaps they're naturally more interested in the environment around them, while you and I care more about the world on a macro.

We think about how everything relates to ourselves and that's why we fall out of conversations, etc.

But this skill of being interested is something that we also can develop. Totally!

Ready???

Ok here it is...

You are going to WATCH PEOPLE. Not talk to them, at least not yet.

Start asking yourself questions about these people.

What's interesting or weird about them? Why are they wearing those pants? Where are they heading? To do what? Why do they do that?

Just let your fantasy spin off.

That's it.

"Fred... Ok. I know you're a creepy dude. And it's funny that you're creepy in your videos. But why are you teaching me to creep on other people?"

Good question. What the hell are we doing here?

There's a scout camp...

Just kidding.

We are training your CURIOSITY MUSCLE. Your curiosity muscle is the sexiest muscle on your body. The girls go crazy about guys with a curiosity bump sticking out of their skull. You better get one!



Casanova said, "Love is three quarters curiosity".

Curiosity is also a big anxiety crusher.
It makes you present with people.

Do you remember a time when you were so lost in a conversation that you weren't thinking about what you're going to say??
That's it! It's curiosity!

It makes you listen. It makes the other person feel SEEN. You're covering their greatest need ever.

"But I have asked people lots of questions only to see them getting bored."

Yes, and maybe you have been bored by people asking you tons of questions too?

One of the reasons why we get bored: we don't believe that they're *genuinely* curious.
And sometimes we show curiosity about something too obvious.

Here's an example from my own life...

I've done my share of Q n A-sessions with strangers on the street:

"How did you dare to do that?"

"Have you ever gotten in trouble?"

"How much money did you make on the video?"

I will give pretty scripted answers to these questions. And for the record, many of these conversations have still been enjoyable. Hey, I'm not Leo DiCaprio! I can walk around, and a viewer or two coming up to me per day is just nice.

But I'll tell you about a dude who stood out.

I was walking up the pedestrian street in Oslo when a guy came up next to me. He was already "in state" because he was doing day game (approaching girls on the street).

He said, "are you the guy who is showering people with compliments?"

I said, "Sorry?"

I soon realized that he referred to a something I said when I was picking up American girls by speaking Norwegian.

I liked that he noticed this little detail.
Today he's one of my best friends.

There was a lot more to it than that little detail. He was just a curious and adventurous person (in other words, interesting/interested). And how he opened me just came out of his curiosity.

There were many more jokes, laughs and synchronicities that grew our friendship - but the fact that he was curious and present made him say such a unique thing.
It was his curiosity and his thirst for adventure that made me like him. And a weird reference from a video happened to come out of a spontaneous person like that.

The goal of this exercise is not to come up with genius observations. The goal is to fall into *curiosity mode*. After 2 to 20 min of **wondering** you will naturally start wondering who these people are and what's going on with them.

This exercise is not really an exercise. It's just **wondering**.

Being in a state of wondering is a fantastic frame to meet people from. It breaks so much of the tension.

See...
90 percent of introductions go like this...

Herbert: I'm Herbert. Nice to meet you. (I hope I sounded confident there)

Jennifer: Hi! Jennifer. Nice to meet you. (Hope he doesn't think that my hands were sweaty)

Here we have two people who worry about themselves. How's this gonna go?

Hopefully they will find a way out.

Here's a conversation with a more curious person (you)...

After doing the curiosity exercise your brain can't help but trying to figure out who everyone is. A rock-n-roll-looking Brazilian is sitting next to you at a friend's party, and you notice that her English accent sounds French.

You: You're from Brazil but your accent sounds French...

Her: Yes, it's because of my family immigrated from..., bla bla bla ...

Just this little silly and inside-the-box opening statement can lead to a conversation. But you have to keep the curiosity on.

Her: "My family immigrated from Belgium when I was 12"

You (if you're curiosity muscle were fatigued right there): Oh, nice. (conversation over)

You (if your curiosity is in shape): Oh, I thought you were from Paris. I had such a great time there in Disneyland when I was young so I was hoping we were gonna talk about that :P

Her: Oh, haha. We can still talk about Disneyland, cause I have been to Disneyland. Belgium is not that far away :P

Hihihhi... hahahah. Hug, kiss, BANG, just kidding. Or maybe? ;)

This was an okay conversation start. But this OKAY start can actually turn magical if you nail the curiosity game. There's always something to take from her last sentence...

You: "Great! I had one of my worst childhood memories in Disneyland. I had been nagging on my mom to please buy be a Donald Duck ice cream. Two hours later I got it. I walked by the Mickey Mouse roller coaster and someone's fucking GUM fell into my ice cream.

Something interesting probably happened on your Disneyland trip. Say that.

If you're going to say something at all, keep sharing the amazingness and drama of your life. This is what's interesting.

Stats, data and facts are not interesting (unless they're amazing and dramatic!)

You (and SHE) are not interested in anything but awesomeness and craziness.

But try to pull the awesomeness, craziness and drama out of the girl's life too. You want to know it, right? IMAGINE what kind of crazy world she's living in! Everybody has something interesting

to reveal. And if they don't seem that willing to reveal stuff, still... keep being interested. There's something interesting about EVERYONE.

Above I just explained the effect it will have on your conversations. But you don't need to go and talk to anyone yet.

Just go out to the park, into the streets or inside the shopping mall - and just start WONDERING about these people. No need to come up with anything smart or funny about them. Don't stress with that. It will come! Just enter wonderland.

"What is it like to be her? Where is she going today? Where has she been?"

When you're actually wondering where she is going, you will actually LISTEN when she tells you. Haha! We often don't listen when we ask these questions, because we're asking them only to keep the conversation from dying. But if you actually wonder where she's going you will not fall out so easily.

From these questions there might not come out any super funny conversation starter. But however she responds, she will feel that you will really listen. Because you will! Your body language doesn't lie. A girl who has been hit on by a lot of assholes can tell.

At least, her subconscious mind will pick it up, and she might not know why she's even sticking around. Her friend waiting for her may ask her why she was talking to you for that long. She might just say that you were so nice to talk to and can't really put the finger on what it was.

The more you practice curiosity the better off you will be in a conversation with the next girl you meet.

Just take a few moments every day and look at the people around... and ask yourself questions about who, what, where, when, why, how... do it long enough that you will actually like thinking about what people's lives and attributes. Your conversations from now on will be much cooler and more enjoyable.

Also, don't limit yourself to just people. But places, and things.

Your observational humor will also improve. You will start being entertained by your environment....

You probably have a friend who makes weird observations and saying them out loud. And it makes him/her interesting to have around, and they're always missed when they're gone. That's a skill that is very possible to train! And it's so easy as a piece of shit.

So, I repeat...

Next time you're out, watch the community and start wondering **who, what, where, when, how and why the hell?**

Also, remember, do this with everything. Casanova said love is $\frac{3}{4}$ curiosity, but I think it's the same thing with your love for life!

I think we're supposed to wonder. The most curious people are the most adventurous. And the most adventurous people are the most awesome. Watch that movie called, "Life is Beautiful". Look at that guy's enormous curiosity, and how his love for life keeps him in state even though his Jewish and it's war.

Allow yourself to wonder on the bus, the train, - even when you're watching TV!

PS: Don't be hard on yourself for being in your head and thinking about your OWN life. Reflecting on your own needs and inspiration is a very good thing! Lots of creativity can come out of your own dream world.

I'm just inviting you to take a few minutes per day to see what's going on outside of your world. Let's say you do **wondering** for 10 min and you get into a state of wondering and feel genuine interest for people around you. After those 10 minutes, you go back to your head. And you will be better and better at this the more you practice. Just like meditation makes you more and more present.

Even though you go back to your own world, you will still have the ability to jump out if there's an interesting person in front of you.

Only taking a few moments per day to observe people will boost your ability to create conversations that beautiful women will remember. The deeper you connect (and the more she talks, haha), the greater the chance is that she will wait for you to please hurry and ask her out!
;)

Viking power,
Freddy